

St James' Church of England Primary School

PSHE: My Happy Mind Plus and Text Overview

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Nur	My Happy Mind - Meet your brain	My Happy Mind – Places My Happy Mind - Celebrate	My Happy Mind - Appreciate My Happy Body	My Happy Mind - Relate	My Happy Mind - Engage My Happy world	Ready to Shine (transition)
	How We Feel Head, Heart, Hands My Voice	Helping Hands Diego's Great idea	Amazing Daisy The Wall	Home Caring Animals I Have a Plan	Anjali's Kite Kitchi's Moccasins	Sizwe's Smile
Rec	My Happy Mind - Meet your brain	My Happy Mind – Places My Happy Mind - Celebrate	My Happy Mind - Appreciate	My Happy Mind - Relate	My Happy Mind - Engage	My Happy Body My Happy Relationships My Happy World
	Marvellous Me These Feelings The weather inside me! The secret Adventures of Anonymouse. Curly the Chameleon	Kindness (see learning A) Ted the Tiger (Emotions) See Learning B – Practising Kindness Ahmed's journey Faisal's not himself	Biyu the brave pea Thabo and the trees See Learning C- Exploring sensations Passing clouds	Yoshi is different Nisha and the Tiger Francisco's family SEE Learning D – Help Now activities	Zelda goes on holiday The monster in the smoke Nothando's journey Rhea to the rescue My amazing brain A	A Tiny seed My Amazing Brain B Our Home Gokul's Game My Dream in the Drawer
Year 1	My Happy Mind - Meet your brain My Happy Mind - Places	My Happy Relationships – Friendships and showing respect (bullying) My Happy Mind - Celebrate	My Happy Mind - Appreciate My Happy Body – healthy choices	My Happy Mind - Relate My Happy Relationships – families and trusted relationships	My Happy Mind - Engage My Happy World – protecting our communities	My Happy Body – changing and growing My Happy Body – changing and growing (transition)
	The Colour Monster-Anna Llenas Leon and Bob-Simon James	Beegu-Alexis Deacon Roxy the Raccoon-Alice Reeves	Almost Anything-Sophie Henn The Koala Who Could-Rachel Bright	Elmer-David McKee Dogs don't do ballet-Anna Kemp	Families, families, families-Suzanne Lang Worm loves worm-Mike Carato Smed and Smoodes -Julia Donaldson	The Suitcase-Chris Naylor-Ballesteros The Most Magnificent Thing-Ashley Squires
Year 2	My Happy Mind - Meet your brain My Happy Mind – Places	My Happy Mind - Celebrate My Happy World – online safety	My Happy Mind - Appreciate My Happy Body – safe places My Happy Body – changing and growing – amazing body	My Happy Mind - Relate My Happy Relationships – friendships and showing respect	My Happy Mind - Engage My Happy Relationships – safe relationships	My Happy World – economic wellbeing My Happy Body – changing and growing (transition)
	Ruby's Worry-Tom Percival A Huge Bag of Worries-V Ironside	The Rainbow Fish-Marcus Pfister Perfectly Norman-Tom Percival	The Bear and the Piano My Beautiful Voice-Joseph Coelho	Giraffes Can't Dance -Guy Parker-Rees 10,000 Dresses-Marcus Ewert	Introducing Teddy – Jessica Walton Something Else – Catherine Cave	After the Fall-Dan Santat The Rainbow Fish to the Rescue-Marcus Pfister
Year 3	My Happy Mind - Meet your brain My Happy Mind - Places	My Happy Mind - Celebrate	My Happy Mind - Appreciate My Happy Body – Healthy Choices	My Happy Mind - Relate My Happy Relationships – friendships and showing respect	My Happy Mind - Engage	My Happy World – protecting our communities My Happy Body – changing and growing - transition

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				My Happy Relationships – families and trusted relationships		
	The Princess and the Fog – Lloyd Jones Michael Rosen's Sad Book – Michael Rosen	The Day the Crayons Quit!- Oliver Jeffers The Selfish Giant – Oscar Wilde	The Wonder -Faye Hanson Ada Twist Scientist – Andrea Beatty	Olympig – Victoria Jamieson The Dog who saved the World cup – Phil Earle	Ellie and the Cat-Mallorie Blackman And Tango Makes Three!- Parnell and Richardson	Salt in his shoes – The Michael Jordan story Red, a Crayon's Story - Michael Hall
Year 4	My Happy Mind - Meet your brain My Happy Mind - Places	My Happy Relationships – Friendships and showing respect (bullying) My Happy Mind - Celebrate	My Happy Mind - Appreciate My Happy Body - first aid My Happy World – online safety	My Happy Mind - Relate My Happy Relationships – safe relationships	My Happy Mind - Engage My Happy Body – safe choices	My Happy World – economic wellbeing My Happy Body - changing and growing - transition
	What to do with a problem- Kobi Yamada	The Incredible Book Eating Boy – Oliver Jeffers All I said was- Michael Morpurgo	The Magic Paintbrush – Julia Donaldson Malala's Magic Pencil – Malala Yousafzai	The Barnabus Project-The Fan Brothers	Alien Nation-Matty Donaldson	Thanks for the Feedback, I Think-J Cook
Year 5	My Happy Mind - Meet your brain My Happy Mind – Places	My Happy Mind - Celebrate	My Happy Mind - Appreciate My Happy Body – healthy choices	My Happy Mind - Relate My Happy Relationships – friendships and showing respect My Happy Relationships – families and trusted relationships	My Happy Mind - Engage My Happy Relationships – safe relationships	My Happy World – economic wellbeing and careers My Happy Body – changing and growing - transition
	Scrambled Heads – Emily Palmer	The Amazing Story of Owen and Mzee Hidden Figures - Margot Shetterley	The Dot – Peter Reynolds The Mozart Question- Morpurgo	The man who planted a forest-Jadav Payeng	FaRThER-Graham Baker Smith	The Viewer – Shaun Tan
Year 6	My Happy Mind - Meet your brain My Happy Mind - Places	My Happy World – protecting our communities My Happy Relationships – friendships and showing respect – bullying My Happy Mind - Celebrate My Happy World – protecting our communities	My Happy Mind - Appreciate My Happy Body – first aid My Happy Body – safe choices – drug education My Happy World - Online safety	My Happy Mind - Relate My Happy Relationships – safe relationships My Happy Relationships – safe relationships	My Happy Mind - Engage Be your best	Transition Programme
	I had a Black Dog-M Johnstone After the Fall - Dan Santat	Happy Here – Shana Jackson Teacup – Rebecca Young	The Little Book of Resilience- M Johnstone	The Great Kapok Tree-Lynne Cherry Shamen's Apprentice - Lynne Cherry	The Day we met the Queen – Onali Q Rauf	How to Change the World- Rashmi Sireshpande